

Funded opportunities at National Youth Sports Institute, Singapore

STUDENT CALL 2023-24

The call is now open for a student studying on the BSc (Hons) Nutrition course to undertake a work experience opportunity with the National Youth Sports Institute in Singapore

The application deadline is **19 January 2024**

All details including the eligibility criteria are outlined below.

Summary

What	3-month paid placement in Sport Nutrition – see here for further details					
Where	National Youth Sports Institute, Singapore – visit https://www.nysi.org.sg/ to learn more					
When	3 month experience from June-August 2024					
Application	<ol style="list-style-type: none"> 1. Submit an expression of interest¹ 2. Email CV to internationalgrants@bournemouth.ac.uk 3. If successful at pre-screen, submit application for position to National Youth Sports Institute 					
Funding	<p><u>Turing Scheme at BU</u></p> <p>The successful student will receive a cost-of-living grant from the Turing Scheme at BU to help offset some of the costs of undertaking the experience. Students from certain groups (WP students) are eligible for an additional cost-of-living uplift and a travel grant. See more information on WP criteria here.</p> <table border="1"> <tr> <td>Total Grant for non-WP student</td> <td>£1005</td> </tr> <tr> <td>Total Grant for WP-student</td> <td>£2240</td> </tr> </table> <p>90% of the total grant is paid before the activity. The remaining 10% is paid after post-activity paperwork is submitted.</p> <p><u>Placement Opportunity Fund</u></p> <p>UK Home students may be eligible for additional funding for specific expenses through the BU Placement Opportunity Fund. Visit https://www.bournemouth.ac.uk/students/help-advice/financial-support/placement-opportunity-fund for more information</p>		Total Grant for non-WP student	£1005	Total Grant for WP-student	£2240
Total Grant for non-WP student	£1005					
Total Grant for WP-student	£2240					

¹ The expression of interest form will also act as a Turing Scheme at BU funding application for the successful applicant.

Traineeship Details

Name	Performance Pathways Science (Sport Nutrition)
Description	<p>The student would be expected to be a value-added member of the team,</p> <ul style="list-style-type: none"> • Familiarising themselves with the NYSI's Sport Nutrition Manual and learn about how youth athlete performance is optimise through the Nutrition support in SSP/NYSI@SL and external partners • Familiarising themselves with the food-first approach philosophy , international anti-doping guidelines and the organisation's position statement on supplements • Assist in the further development of the Nutrition Database • Assist in resource and knowledge management • Facilitating level one nutrition-related workshops • Creation of Sport Nutrition content (e.g. creation of infographics/social media post from evidence-based resources and publication) • Observe and participate in department-specific athlete testing and assessment where possible to broaden sport science knowledge

Opportunity Details	
Specialisation	Sport Nutrition
Allowance	Free Accommodation at the Singapore Sports School
Number of places	1

To apply	
<ol style="list-style-type: none"> 1. Submit an expression of interest² 2. Email CV to internationalgrants@bournemouth.ac.uk 3. If successful at pre-screen, submit application for position to National Youth Sports Institute 	
Applicant Requirements	
<p>Essential</p> <ul style="list-style-type: none"> • Interested in working with youth athletes in a talent development environment • Familiarity with content creation software (e.g. Canva, Adobe Photoshop, Final CutPro) • Good interpersonal, oral and written communication skills 	<p>Desirable</p> <ul style="list-style-type: none"> • A passion for sports with active involvement either as an athlete, coach, volunteer • Self-motivated individual with a keen interest in sport nutrition knowledge and application • Research, statistics, data management and infographics creation and development skills are an advantage

Further details on who is eligible and available funding amounts are below.

Travel and Accommodation

The successful student will get free accommodation at the National Youth Sports Institute.

Students are responsible for arranging payment for their own travel. Turing Scheme funds are provided as a contribution towards these costs.

Who is eligible?

This programme is specifically opened students studying on the BSc (Hons) Nutrition course.

² The expression of interest form will also act as a Turing Scheme at BU funding application for the successful applicant.

All successful students will receive a cost-of-living grant.

Students from disadvantaged backgrounds

Students from **disadvantaged backgrounds** will receive a travel grant as well as higher cost of living grant. To be eligible for a disadvantaged background status, you must meet at least one of the following (1-4):

1. **Household income of £25,000 or below** (as assessed by Student Finance England/Wales/Scotland/Northern Ireland),
2. **In receipt of a BU Maintenance Bursary or BU Financial Support Fund for the current 2023/24 academic year.**
3. **You meet one or more of the following:**
 - Student receiving Universal Credit or income-related benefits because they are financially supporting themselves or financially supporting themselves and someone who is dependent on them and living with them, such as a child or partner
 - Care-experienced students (Students who have been or are currently in the care system (including living in care with foster carers, living in a children's home) or from a looked after background at any stage of their life, no matter how short, including adopted children who were previously looked after)
 - Students from low participation neighbourhoods (The Office for Students provides a tool to look at how likely young people are to participate in higher education across the UK and shows how this varies by area. A low participation neighbourhood would be one where young people were not likely to participate in higher education).
 - Black and Minority Ethnic Students
 - Students who are the first in their family to attend university
 - Mature students (21 or older at start of programme, UG only)
 - Female students studying STEM subjects (Science, Technology, Engineering, and Mathematics, as defined by BU)
 - Students with caring responsibilities (Caring responsibilities are providing unpaid care to a family member or friend who could not cope without their support. This may be due to illness, disability, a mental health issue, or substance misuse.)
 - Estranged students (where a student does not have support from their parents due to a breakdown in their relationship or where neither of the student's parents can be found or it is not reasonably practicable to get in touch with either of them)
 - Refugees and asylum seekers
4. **Students with additional learning needs (including students registered with ALS at BU):**
 - The term additional learning needs refers to learners with special education needs (SEN), including those whose SEN arise because they have a long-term disability that has a substantial and long-term effect on the ability to do everyday tasks or are in receipt of Disabled Student Allowance. This would include learners who identify as having a disability, special needs, or medical condition as categorised below:
 - Social/communication impairment such as Asperger's syndrome/other autistic spectrum disorder
 - Blind or have a serious visual impairment uncorrected by glasses
 - Deaf or have a serious hearing impairment
 - A long-standing illness or health condition such as cancer, HIV, diabetes, chronic heart disease, or epilepsy
 - Mental health condition such as depression, schizophrenia, or anxiety disorder
 - Specific learning difficulty such as dyslexia, dyspraxia, or AD(H)D 13
 - Physical impairment or mobility issues, such as difficulty using limbs or using a wheelchair or crutches
 - Disability, impairment or medical condition that is not listed above

Applicants who meet the aforementioned criteria must be keen to develop a hands-on work experience in a different cultural context, gain intercultural skills and global awareness, enhance their employability and career prospects, and enrich the world as socially responsible global citizens.

What *will the Turing Scheme funding cover?*

Turing Scheme funding provides grants to support students with *specific costs* related to undertaking their traineeship. The amount of the grant is determined by the length of the mobility and the destination country where the work is being undertaken. The sections below outline standard funding and funding for students from disadvantaged backgrounds.

Please note that the funding provided through the Turing Scheme is intended *as a contribution towards* the overall costs of undertaking this mobility. It is **NOT INTENDED to cover the entire costs incurred.**

You will receive an initial payment of 90% of funds upfront. After your activity is complete, you will be asked to complete a feedback survey and submit a blog. The remaining 10% will be paid after these requirements have been met.

1. **Funding for Students from non-disadvantaged backgrounds**

This funding consists of a cost-of-living grant.

Cost of Living Grant

To calculate the cost-of-living grant, destination countries are divided into three groups based on the cost of living in each country (<https://www.turing-scheme.org.uk/funding-opportunities/cost-of-living-groups/>). There is no travel grant for students who are not from disadvantaged backgrounds.

1. For placements in **Group 1** countries/territories, the grants are calculated as follows:
 - a. £545 per month for the first 2 months (or parts of months)
 - b. £380 per month for months (or parts of months) from 9 weeks to 12 months
2. For placements in **Group 2 or 3** countries/territories, the grants are calculated as follows:
 - a. £480 per month for the first 2 months (or parts of months)
 - b. £335 per month for month (or parts of months) from 9 weeks to 12 months

Example Grant calculations for students from non-disadvantaged backgrounds

Traineeship Location	Traineeship Dates and Duration	Calculation	Total Grant
Singapore (Group 3 Country)	June-August 2024 84 days	£335 x 3 months	£1,005

2. **Funding for Students from disadvantaged backgrounds**

This funding consists of a cost-of-living grant and travel grant. Additional funding is available as outlined below for other costs related to undertaking a mobility.

Cost of Living Grant

To calculate the cost-of-living grant, destination countries are divided into three groups based on the cost of living in each country (<https://www.turing-scheme.org.uk/funding-opportunities/cost-of-living-groups/>).

1. For placements in **Group 1** countries/territories, the grants are calculated as follows:
 - a. £545 per month for the first 2 months (or parts of months) + £110 per month (or parts of months)
 - b. £380 per month for months (or parts of months) from 9 weeks to 12 months + £110 per month (or parts of months)
2. For placements in **Group 2 or 3** countries/territories, the grants are calculated as follows:
 - a. £480 per month for the first 2 months (or parts of months) + £110 per month (or parts of months)

- b. £335 per month for month (or parts of months) from 9 weeks to 12 months + £110 per month (or parts of months)

Travel Grant

Travel grants are calculated based on the distance to the destination country. Distances are calculated from Bournemouth University to the city where the traineeship is taking place. To find the distance:

1. Go to Google Maps
2. Right-click on Bournemouth and choose 'Measure Distance'
3. Click on your destination city to create a path to measure
4. The total distance will be displayed in the bottom centre of the map

The rates are as follows:

- 10 to 99km: £20
- 100 to 499km: £165
- 500 to 1,999km: £250
- 2,000 to 2,999km: £325
- 3,000 to 3,999km: £480
- 4,000 to 7,999km: £745
- 8,000 to 12,000km: £905
- 12,000km+: £1360

Supplemental travel funding is available to cover real travel cost for exceptionally expensive travel.

Other Funding

- Real costs related to obtaining or updating a passport, obtaining a Visa, or Covid-19 related costs. Receipts are required for these costs to be covered.
- Actual costs for support directly related to **additional learning needs**. Receipts are required for these costs to be covered.

Example Grant calculations for students from disadvantaged backgrounds

Traineeship Location	Traineeship Dates and Duration	Calculation	Total Grant
Singapore (Group 3 Country)	June-August 2024 84 days	$(£335 \times 3 \text{ months}) + (£110 \times 3 \text{ months}) + (£905 \text{ travel grant})$	£2240

Travel Information

Entry Requirements

You must have a valid passport with at least six months remaining from the date of your return departure to the UK. If you are a student from a disadvantaged background, you can get financial support to obtain and renew a passport. Please factor this into the timescales of your planned travel.

Visa Requirements

Applicants will be responsible to research whether they will need a visa to enter the specific country where they will undertake their mobility and how long it will take to obtain a visa. Costs associated with visa requirements are covered for students from disadvantaged backgrounds.

Immunisations (if applicable)

Please refer to the NHS guidelines regarding immunisations:

[Travel vaccinations - NHS \(www.nhs.uk\)](https://www.nhs.uk)

You will need to book immunisations through your local GP at your own cost. Costs associated with requirement immunisations are covered for students from disadvantaged backgrounds.

Insurance

BU will provide comprehensive Travel Insurance for the duration of the overseas trip. Please note that you might be required by the partner university to purchase a valid medical/health insurance for the duration of your stay.

Applicants are responsible for researching the types of insurance they are required to carry for their destination country. Some countries require specific medical insurance to meet visa conditions (ex: to obtain the relevant visa for a traineeship in the USA, you must hold insurance with \$100,00 or medical benefits, \$25,000 for repatriation of remains, \$50,000 for medical evacuation, and \$500 deductible for accident or illness).

Please refer to the NHS guidelines regarding the UK GHIC/EHIC:

<https://www.nhs.uk/using-the-nhs/healthcare-abroad/apply-for-a-free-uk-global-health-insurance-card-ghic/>

Covid-19 Requirements

Applicants will be responsible to check the Covid-19 entry requirements to the specific country where they will undertake their mobility.

Please refer to the FCDO advice about entry requirements and Covid-19 regulations:

<https://www.gov.uk/foreign-travel-advice>

Successful applicants will receive further information regarding Covid-19 considerations and travel guidance once they are officially accepted onto the programme.

Covid-19 Travel Implications

- There could be sudden changes that affect your travel plans, including changes to border control advice which may prevent travel and changes to quarantine and/or testing requirements in your host country or when re-entering the UK.
- **BU MUST approve travel before you depart.** Your travel plans should be in line with UK Foreign Correspondence and Development Office advice. Travel approval will be made on a case-by-case basis within two weeks of the start of the traineeship and, where travel is not possible, you may be able to start work remotely, depending on your host organisations requirements.
- Funding will only be paid where physical travel takes place and BU has approved travel in advance.
- The Global Engagement Mobility Team will support you with the funding process. You will also be given support by your Placement Coordinator and Placement Development Advisor for mobilities that are part of a BU placement year.

Where do I apply for and how?

Access your online expression of interest (and Turing Scheme at BU application) form [here](#).

On your Application form you will be asked to complete two main sections:

(1) student information and eligibility requirements

In this section you will be asked to provide your student details including information about the Disadvantaged Background eligibility criteria.

(2) quality assessment

In this section you will be asked to:

- a. Outline any academic and work experience you have that are relevant to your mobility.
- b. Write a brief statement outlining how this experience will help you to develop your intercultural competence
- c. Describe how this experience will positively impact your academic performance
- d. State how this experience will enhance your growth and employability

It is your responsibility to ensure all the necessary information is provided correctly. Incomplete or late applications will be marked as void and removed from the process.

If you have questions about your application – please contact internationalgrants@bournemouth.ac.uk.

Please note the panel's decision is final and we cannot provide individual feedback on applications.

Am I eligible to apply for future mobility programmes if my application is declined?

If your application is declined, you are able to apply again for a future programme (assuming that you still meet the eligibility criteria).

Important notes

(1) Please ensure your email address is correct. **All communication will be sent to your student email address**, so please check this!

(2) If successful, your participation in the above programme is subject to the contractual agreement between Bournemouth University and National Youth Sports Institute, Singapore.

Further Information

If you have questions about your application, please contact internationalgrants@bournemouth.ac.uk.

Please contact Andrew Callaway (acallaway@bournemouth.ac.uk) if you require further **academic information** about this activity.

Timeline

Student Call Launch: 02 January 2024

Application deadline: 19 January 2024